**HASIL OLAH DATA SPSS**

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| **Statistics** |
|  | Lari Sprint 60 Meter | Pull Up | Sit Up | Vertical Jump | Lari 1200 Meter |
| N | Valid | 25 | 25 | 25 | 25 | 25 |
| Missing | 0 | 0 | 0 | 0 | 0 |
| Mean | 9,2720 | 3,12 | 36,60 | 51,28 | 6,6516 |
| Std. Error of Mean | ,20506 | ,410 | ,800 | 1,577 | ,16031 |
| Median | 9,2000 | 3,00 | 36,00 | 48,00 | 7,1600 |
| Mode | 9,90 | 1 | 33 | 45a | 7,17a |
| Std. Deviation | 1,02531 | 2,048 | 4,000 | 7,887 | ,80157 |
| Variance | 1,051 | 4,193 | 16,000 | 62,210 | ,643 |
| Range | 3,20 | 5 | 14 | 29 | 2,27 |
| Minimum | 7,70 | 1 | 30 | 42 | 5,03 |
| Maximum | 10,90 | 6 | 44 | 71 | 7,30 |
| Sum | 231,80 | 78 | 915 | 1282 | 166,29 |
| a. Multiple modes exist. The smallest value is shown |

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| **Statistics** |
|  | Lari Sprint 60 Meter | Pull Up | Sit Up | Vertical Jump | Lari 1200 Meter | TesKesegaranJasmani |
| N | Valid | 25 | 25 | 25 | 25 | 25 | 25 |
| Missing | 0 | 0 | 0 | 0 | 0 | 0 |
| Mean | 2,84 | 1,48 | 4,24 | 2,56 | 1,52 | 3,76 |
| Std. Error of Mean | ,160 | ,102 | ,087 | ,142 | ,154 | ,087 |
| Median | 3,00 | 1,00 | 4,00 | 2,00 | 1,00 | 4,00 |
| Mode | 2 | 1 | 4 | 2 | 1 | 4 |
| Std. Deviation | ,800 | ,510 | ,436 | ,712 | ,770 | ,436 |
| Variance | ,640 | ,260 | ,190 | ,507 | ,593 | ,190 |
| Range | 2 | 1 | 1 | 2 | 2 | 1 |
| Minimum | 2 | 1 | 4 | 2 | 1 | 3 |
| Maximum | 4 | 2 | 5 | 4 | 3 | 4 |
| Sum | 71 | 37 | 106 | 64 | 38 | 94 |

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| **Lari Sprint 60 Meter** |
|  | Frequency | Percent | Valid Percent | Cumulative Percent |
| Valid | 2 | 10 | 40,0 | 40,0 | 40,0 |
| 3 | 9 | 36,0 | 36,0 | 76,0 |
| 4 | 6 | 24,0 | 24,0 | 100,0 |
| Total | 25 | 100,0 | 100,0 |  |

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| **Pull Up** |
|  | Frequency | Percent | Valid Percent | Cumulative Percent |
| Valid | 1 | 13 | 52,0 | 52,0 | 52,0 |
| 2 | 12 | 48,0 | 48,0 | 100,0 |
| Total | 25 | 100,0 | 100,0 |  |

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| **Sit Up** |
|  | Frequency | Percent | Valid Percent | Cumulative Percent |
| Valid | 4 | 19 | 76,0 | 76,0 | 76,0 |
| 5 | 6 | 24,0 | 24,0 | 100,0 |
| Total | 25 | 100,0 | 100,0 |  |

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| **Vertical Jump** |
|  | Frequency | Percent | Valid Percent | Cumulative Percent |
| Valid | 2 | 14 | 56,0 | 56,0 | 56,0 |
| 3 | 8 | 32,0 | 32,0 | 88,0 |
| 4 | 3 | 12,0 | 12,0 | 100,0 |
| Total | 25 | 100,0 | 100,0 |  |

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| **Lari 1200 Meter** |
|  | Frequency | Percent | Valid Percent | Cumulative Percent |
| Valid | 1 | 16 | 64,0 | 64,0 | 64,0 |
| 2 | 5 | 20,0 | 20,0 | 84,0 |
| 3 | 4 | 16,0 | 16,0 | 100,0 |
| Total | 25 | 100,0 | 100,0 |  |

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| **TesKesegaranJasmani** |
|  | Frequency | Percent | Valid Percent | Cumulative Percent |
| Valid | Sedang | 6 | 24,0 | 24,0 | 24,0 |
| Kurang | 19 | 76,0 | 76,0 | 100,0 |
| Total | 25 | 100,0 | 100,0 |  |











